

**UFO HUB**



1  
00:00:15,680 --> 00:00:11,299  
my name is Rhonda Leifheit and I'm a

2  
00:00:21,050 --> 00:00:15,690  
past-life reader I also do past life

3  
00:00:24,140 --> 00:00:21,060  
regressions and I do health readings I

4  
00:00:27,009 --> 00:00:24,150  
also teach classes on a variety of

5  
00:00:29,630 --> 00:00:27,019  
topics from meditation to dreams

6  
00:00:34,010 --> 00:00:29,640  
personal development and spiritual

7  
00:00:38,690 --> 00:00:34,020  
growth so that's a short synopsis really

8  
00:00:40,190 --> 00:00:38,700  
of what I do I really got started and

9  
00:00:43,729 --> 00:00:40,200  
interested in the whole field of

10  
00:00:45,860 --> 00:00:43,739  
reincarnation when I read a book at the

11  
00:00:48,470 --> 00:00:45,870  
age of 14 somebody gave me a book about

12  
00:00:52,069 --> 00:00:48,480  
Edgar Cayce known as the sleeping

13  
00:00:54,979 --> 00:00:52,079

prophet and it was my first introduction

14

00:01:00,279 --> 00:00:54,989

to reincarnation but it immediately made

15

00:01:02,569 --> 00:01:00,289

sense to me that we our souls

16

00:01:06,039 --> 00:01:02,579

experienced more than one lifetime and

17

00:01:08,570 --> 00:01:06,049

that more than one life was needed to

18

00:01:13,840 --> 00:01:08,580

realize the fullness and the wholeness

19

00:01:16,670 --> 00:01:13,850

of who we are and so it wasn't only the

20

00:01:18,890 --> 00:01:16,680

reincarnation itself but the whole

21

00:01:21,700 --> 00:01:18,900

philosophy behind it that we are

22

00:01:25,130 --> 00:01:21,710

spiritual beings on this path and

23

00:01:27,830 --> 00:01:25,140

journeying through many lifetimes so

24

00:01:29,539 --> 00:01:27,840

after I read the book and I really

25

00:01:32,270 --> 00:01:29,549

didn't have anybody to talk to about it

26

00:01:35,780 --> 00:01:32,280

but it made a deep impression on me and

27

00:01:39,350 --> 00:01:35,790

by that time Edgar Cayce had been off

28

00:01:40,969 --> 00:01:39,360

the planet for quite some time so I

29

00:01:47,630 --> 00:01:40,979

didn't think there was anybody else

30

00:01:51,980 --> 00:01:47,640

doing that kind of work and moved out to

31

00:01:55,249 --> 00:01:51,990

California in the Misses in the early

32

00:01:58,190 --> 00:01:55,259

70s and then through a series of dreams

33

00:02:00,760 --> 00:01:58,200

ended up moving to Columbia Missouri and

34

00:02:05,870 --> 00:02:00,770

it was there that I met an astrologer

35

00:02:07,429 --> 00:02:05,880

and he emphasized my dreams he said

36

00:02:08,930 --> 00:02:07,439

you've got to record your dreams so of

37

00:02:10,370 --> 00:02:08,940

course I had just moved across the

38

00:02:13,070 --> 00:02:10,380

country based on my dream

39

00:02:15,740 --> 00:02:13,080

so that made a lot of sense to me and I

40

00:02:21,070 --> 00:02:15,750

started taking some classes in dreams

41

00:02:30,080 --> 00:02:26,000

mind-body connection past lives and came

42

00:02:34,490 --> 00:02:30,090

across then someone who did my first

43

00:02:37,310 --> 00:02:34,500

past life reading and it really did make

44

00:02:41,270 --> 00:02:37,320

an impression on me and then I continued

45

00:02:44,180 --> 00:02:41,280

as studying and began teaching shortly

46

00:02:46,760 --> 00:02:44,190

after really I had studied for a year or

47

00:02:56,000 --> 00:02:46,770

two and began then sharing information

48

00:02:59,680 --> 00:02:56,010

and that was about a six year period of

49

00:03:03,190 --> 00:02:59,690

study practice meditation concentration

50

00:03:06,920 --> 00:03:03,200

exercises all of that sort of thing and

51  
00:03:09,920 --> 00:03:06,930  
then I decided to undergo the kind of

52  
00:03:12,230 --> 00:03:09,930  
training of doing past life regression

53  
00:03:17,240 --> 00:03:12,240  
which would lead to doing past life

54  
00:03:22,490 --> 00:03:17,250  
readings and that was that was that was

55  
00:03:25,670 --> 00:03:22,500  
a fun experience and I've been doing

56  
00:03:28,730 --> 00:03:25,680  
readings ever since then that was 1979

57  
00:03:31,220 --> 00:03:28,740  
when I started doing readings there was

58  
00:03:35,900 --> 00:03:31,230  
a kind of adjustment period for me when

59  
00:03:40,070 --> 00:03:35,910  
I started doing the readings what I had

60  
00:03:43,570 --> 00:03:40,080  
to adjust to was letting go of

61  
00:03:46,310 --> 00:03:43,580  
expectations that I had created I

62  
00:03:49,480 --> 00:03:46,320  
realised because I was having difficulty

63  
00:03:52,640 --> 00:03:49,490

initially doing my own regression work

64

00:03:53,120 --> 00:03:52,650

and what I realized finally was getting

65

00:03:55,520 --> 00:03:53,130

in my way

66

00:03:58,730 --> 00:03:55,530

was the fact that I'd already been

67

00:04:01,340 --> 00:03:58,740

studying for five years meditating doing

68

00:04:05,420 --> 00:04:01,350

all that sort of thing so I presumed I

69

00:04:06,949 --> 00:04:05,430

should be able to do this and so that

70

00:04:09,890 --> 00:04:06,959

was part of my difficulty and the other

71

00:04:13,280 --> 00:04:09,900

difficulty I had was the thing that got

72

00:04:16,280 --> 00:04:13,290

in my way was feeling that I should see

73

00:04:18,440 --> 00:04:16,290

the whole life right before my eyes

74

00:04:19,970 --> 00:04:18,450

from beginning to end and then describe

75

00:04:22,400 --> 00:04:19,980

it

76

00:04:24,410 --> 00:04:22,410

that was completely wrong I realized I

77

00:04:28,400 --> 00:04:24,420

had to just take the image that came to

78

00:04:31,130 --> 00:04:28,410

mind describe that and then the next

79

00:04:33,530 --> 00:04:31,140

picture the next image would unfold and

80

00:04:37,100 --> 00:04:33,540

the meaning behind it would unfold and

81

00:04:39,650 --> 00:04:37,110

that for me was a major adjustment just

82

00:04:41,990 --> 00:04:39,660

but those little shifts in awareness

83

00:04:44,930 --> 00:04:42,000

made a big difference and they also

84

00:04:48,080 --> 00:04:44,940

helped me to this day when I'm working

85

00:04:52,850 --> 00:04:48,090

with clients to take them back to their

86

00:04:54,200 --> 00:04:52,860

own past lives because I realize the

87

00:04:57,380 --> 00:04:54,210

kinds of things that can get in their

88

00:04:59,600 --> 00:04:57,390

way so I'll try to talk to them in

89

00:05:07,030 --> 00:04:59,610

advance of doing a regression with them

90

00:05:09,560 --> 00:05:07,040

to say here's what can happen let go of

91

00:05:13,190 --> 00:05:09,570

expectation let go of getting anything

92

00:05:17,180 --> 00:05:13,200

really and it is in the letting go that

93

00:05:20,180 --> 00:05:17,190

people find they can can get more

94

00:05:23,390 --> 00:05:20,190

information get it with ease and get

95

00:05:25,370 --> 00:05:23,400

their conscious mind out of the way so

96

00:05:28,640 --> 00:05:25,380

when I'm doing regressions with somebody

97

00:05:31,270 --> 00:05:28,650

I also let them know that they're

98

00:05:34,610 --> 00:05:31,280

conscious mind can go along for the ride

99

00:05:36,830 --> 00:05:34,620

to me it's not about negating the

100

00:05:38,720 --> 00:05:36,840

conscious mind in order to totally

101  
00:05:40,790 --> 00:05:38,730  
absorb a hundred percent in the

102  
00:05:43,520 --> 00:05:40,800  
subconscious and I don't know what the

103  
00:05:45,530 --> 00:05:43,530  
percentage is if like 10% of their

104  
00:05:47,210 --> 00:05:45,540  
conscious mind goes along for the ride

105  
00:05:49,280 --> 00:05:47,220  
that's fine as long as it doesn't

106  
00:05:52,600 --> 00:05:49,290  
interfere because the conscious mind is

107  
00:05:56,960 --> 00:05:52,610  
the one that says am I making this up

108  
00:06:00,310 --> 00:05:56,970  
did I just read that book see that movie

109  
00:06:03,860 --> 00:06:00,320  
you know come across something that

110  
00:06:05,180 --> 00:06:03,870  
that's influencing me and so we talk

111  
00:06:07,760 --> 00:06:05,190  
about things like that usually in

112  
00:06:10,880 --> 00:06:07,770  
advance where I'll say very often the

113  
00:06:16,100 --> 00:06:10,890

movies the books that really stick with

114

00:06:18,230 --> 00:06:16,110

us they may be echoing something from

115

00:06:20,520 --> 00:06:18,240

our own past lives and that's why we're

116

00:06:23,820 --> 00:06:20,530

drawn that's why they stick with us

117

00:06:25,620 --> 00:06:23,830

so yeah so in my own experience of doing

118

00:06:29,030 --> 00:06:25,630

readings it was getting over those

119

00:06:32,670 --> 00:06:29,040

stumbling blocks on regression

120

00:06:35,340 --> 00:06:32,680

so I mentioned doing regressions with

121

00:06:38,190 --> 00:06:35,350

people and what we go through when I'm

122

00:06:39,570 --> 00:06:38,200

doing a reading for the client and I do

123

00:06:41,970 --> 00:06:39,580

a lot more readings than I do

124

00:06:44,130 --> 00:06:41,980

regressions because it's easier for me

125

00:06:48,330 --> 00:06:44,140

to go into that trance state for me to

126  
00:06:51,000 --> 00:06:48,340  
go into the Akashic records and describe

127  
00:06:53,250 --> 00:06:51,010  
the past life when I'm doing that I'm

128  
00:06:57,300 --> 00:06:53,260  
looking for the most significant past

129  
00:07:00,500 --> 00:06:57,310  
life and by that I kind of turn it over

130  
00:07:03,690 --> 00:07:00,510  
to higher mind the way I think of it is

131  
00:07:06,840 --> 00:07:03,700  
at any point in our lives there are

132  
00:07:09,360 --> 00:07:06,850  
certain struggles that were having

133  
00:07:14,220 --> 00:07:09,370  
lessons that we're learning strengths

134  
00:07:17,970 --> 00:07:14,230  
that we're developing and so the reading

135  
00:07:20,940 --> 00:07:17,980  
could be mirroring something very

136  
00:07:23,250 --> 00:07:20,950  
present very pertinent in the present

137  
00:07:25,890 --> 00:07:23,260  
time for the individual but sometimes

138  
00:07:29,219 --> 00:07:25,900

the most significant reading also speaks

139

00:07:33,260 --> 00:07:29,229

to a broad theme that the person has in

140

00:07:35,700 --> 00:07:33,270

their life and again it could be a

141

00:07:39,920 --> 00:07:35,710

challenge that they've been dealing with

142

00:07:41,960 --> 00:07:39,930

a limiting belief an emotional wound

143

00:07:48,570 --> 00:07:41,970

which is sometimes referred to as

144

00:07:51,600 --> 00:07:48,580

samskara and additionally their

145

00:07:54,240 --> 00:07:51,610

strengths so there's a broad theme in

146

00:07:57,960 --> 00:07:54,250

terms of what is the soul come in to

147

00:08:00,090 --> 00:07:57,970

learn what have they come to give to

148

00:08:03,480 --> 00:08:00,100

other people to contribute that sort of

149

00:08:05,520 --> 00:08:03,490

thing so that's what I mean that's my

150

00:08:08,969 --> 00:08:05,530

intention when I say I'm looking for the

151  
00:08:13,909 --> 00:08:08,979  
most significant past life when I'm

152  
00:08:17,760 --> 00:08:13,919  
doing a reading the past life

153  
00:08:22,020 --> 00:08:17,770  
information definitely has a visual

154  
00:08:24,240 --> 00:08:22,030  
component to it but it's more like I'm

155  
00:08:28,409 --> 00:08:24,250  
seeing it from a distance or something

156  
00:08:31,409 --> 00:08:28,419  
like a vignette because it's not my life

157  
00:08:33,360 --> 00:08:31,419  
I'm not in it I'm not that close to it

158  
00:08:34,180 --> 00:08:33,370  
and that's important I have to maintain

159  
00:08:36,580 --> 00:08:34,190  
a certain

160  
00:08:39,219 --> 00:08:36,590  
distance from it but it is very visual

161  
00:08:42,909 --> 00:08:39,229  
and so very often it starts in the

162  
00:08:44,920 --> 00:08:42,919  
childhood years and I get a sense of the

163  
00:08:48,100 --> 00:08:44,930

environment the place the size of the

164

00:08:53,230 --> 00:08:48,110

family that the tone of the emotional

165

00:08:55,860 --> 00:08:53,240

tone of the family may be education is

166

00:08:59,530 --> 00:08:55,870

important or the person's inner

167

00:09:02,880 --> 00:08:59,540

resourcefulness so so the childhood

168

00:09:05,500 --> 00:09:02,890

images come kind of as an impression

169

00:09:07,480 --> 00:09:05,510

sometimes people have asked me if I

170

00:09:11,800 --> 00:09:07,490

really saw what the person looked like

171

00:09:15,220 --> 00:09:11,810

and honestly I get an impression but

172

00:09:17,830 --> 00:09:15,230

unless their visual appearance was

173

00:09:19,990 --> 00:09:17,840

standing out for some reason you know

174

00:09:23,860 --> 00:09:20,000

like they were exceptionally tall or

175

00:09:26,020 --> 00:09:23,870

short or had a physical disability or

176

00:09:27,490 --> 00:09:26,030

they were remarkably attractive or

177

00:09:30,130 --> 00:09:27,500

something that would really influence

178

00:09:35,680 --> 00:09:30,140

their life beyond that it really is not

179

00:09:39,180 --> 00:09:35,690

that significant so the visual component

180

00:09:42,900 --> 00:09:39,190

is important but I also get information

181

00:09:48,040 --> 00:09:42,910

it's some capacity just as a knowing and

182

00:09:52,000 --> 00:09:48,050

it's a bit analogous to what I think of

183

00:09:55,330 --> 00:09:52,010

as like a slideshow you're putting your

184

00:09:58,270 --> 00:09:55,340

slides up of the family vacation to

185

00:10:01,330 --> 00:09:58,280

California and you say oh here we are at

186

00:10:03,070 --> 00:10:01,340

Big Sur and we did this and that that

187

00:10:05,230 --> 00:10:03,080

day and you tell the whole story of it

188

00:10:07,360 --> 00:10:05,240

then when that's complete you bring up

189

00:10:09,310 --> 00:10:07,370

the next slide so as an intuitive

190

00:10:10,240 --> 00:10:09,320

process that seems to be what's

191

00:10:12,670 --> 00:10:10,250

happening for me

192

00:10:15,940 --> 00:10:12,680

the next picture unfolds in the words

193

00:10:20,520 --> 00:10:15,950

the description the emotional tone goes

194

00:10:24,790 --> 00:10:20,530

with it now at the end of the past life

195

00:10:26,800 --> 00:10:24,800

reading then I go on to talk about why

196

00:10:28,870 --> 00:10:26,810

that's significant to the present and

197

00:10:30,579 --> 00:10:28,880

it's important to keep in mind that a

198

00:10:33,130 --> 00:10:30,589

lot of times all I know about the person

199

00:10:34,900 --> 00:10:33,140

is their full name it may be their birth

200

00:10:37,780 --> 00:10:34,910

date but it's really the full name that

201  
00:10:43,630 --> 00:10:37,790  
helps me tune in to the Akashic records

202  
00:10:46,249 --> 00:10:43,640  
those vibratory records that maintain

203  
00:10:49,489 --> 00:10:46,259  
hold at a vibratory level

204  
00:10:53,059 --> 00:10:49,499  
all of our past life experiences and our

205  
00:10:57,829 --> 00:10:53,069  
thoughts about those experiences so I'm

206  
00:10:59,419 --> 00:10:57,839  
tuning in to that and then once I've

207  
00:11:02,929 --> 00:10:59,429  
described the past life then I go on to

208  
00:11:04,579 --> 00:11:02,939  
talk about how is it relevant to the

209  
00:11:07,549 --> 00:11:04,589  
present life because without that is

210  
00:11:10,279 --> 00:11:07,559  
just a story and to me it's important

211  
00:11:13,159 --> 00:11:10,289  
that it has some obvious resonance to

212  
00:11:15,979 --> 00:11:13,169  
the person and in that context as far as

213  
00:11:19,579 --> 00:11:15,989

I'm how I'm getting the information it's

214

00:11:23,419 --> 00:11:19,589

a lot less visual it's more just a sense

215

00:11:26,210 --> 00:11:23,429

of knowing maybe there's an overlay

216

00:11:29,539 --> 00:11:26,220

visually of the past and the present

217

00:11:34,340 --> 00:11:29,549

life but it seems more to speak to the

218

00:11:36,799 --> 00:11:34,350

soul lessons to their strengths to their

219

00:11:39,619 --> 00:11:36,809

obstacles and helping the client get a

220

00:11:42,499 --> 00:11:39,629

higher view of their life and I think

221

00:11:48,789 --> 00:11:42,509

that's so often important because I see

222

00:11:55,159 --> 00:11:51,499

painful experiences decisions they need

223

00:11:57,859 --> 00:11:55,169

to make and that sort of thing and when

224

00:12:00,259 --> 00:11:57,869

they can get a higher perspective on it

225

00:12:00,829 --> 00:12:00,269

and realize this is a lesson for the

226

00:12:04,099 --> 00:12:00,839

soul

227

00:12:09,349 --> 00:12:04,109

and this is sacred work that they've

228

00:12:11,359 --> 00:12:09,359

come to do it looks different and at

229

00:12:15,409 --> 00:12:11,369

that point then in talking about the

230

00:12:17,239 --> 00:12:15,419

significance they can just get a

231

00:12:21,619 --> 00:12:17,249

different perspective hopefully a little

232

00:12:24,529 --> 00:12:21,629

higher perspective I usually stick to

233

00:12:27,009 --> 00:12:24,539

past life information and how that's

234

00:12:32,599 --> 00:12:27,019

related to the present life and I don't

235

00:12:34,699 --> 00:12:32,609

try to go into the future now we do

236

00:12:37,789 --> 00:12:34,709

create Momentum's

237

00:12:42,169 --> 00:12:37,799

we do create and inclinations and we are

238

00:12:45,590 --> 00:12:42,179

tremendous creatures of habit so in some

239

00:12:51,409 --> 00:12:45,600

ways we there's a predictability about

240

00:12:54,169 --> 00:12:51,419

our lives if we don't use freewill to

241

00:12:57,109 --> 00:12:54,179

change it but I'm a big believer in free

242

00:12:59,879 --> 00:12:57,119

will so I don't really try to predict

243

00:13:02,429 --> 00:12:59,889

for people I try to give them the

244

00:13:08,280 --> 00:13:02,439

information about the the pattern that's

245

00:13:10,859 --> 00:13:08,290

there the tendency the direction but by

246

00:13:13,499 --> 00:13:10,869

giving them suggestions on what they're

247

00:13:16,019 --> 00:13:13,509

learning and how to work with that then

248

00:13:18,419 --> 00:13:16,029

I think they make their own choices and

249

00:13:19,919 --> 00:13:18,429

I find that preferable because I've

250

00:13:22,559 --> 00:13:19,929

talked to a lot of people who have at

251  
00:13:24,749 --> 00:13:22,569  
other readings where they've had some

252  
00:13:26,549 --> 00:13:24,759  
predictions and sometimes those

253  
00:13:28,259 --> 00:13:26,559  
predictions haven't come true or they

254  
00:13:35,099 --> 00:13:28,269  
don't know the timing or the timing is

255  
00:13:37,530 --> 00:13:35,109  
off and it can create a lot of stress or

256  
00:13:40,139 --> 00:13:37,540  
a sense that they don't have control

257  
00:13:43,249 --> 00:13:40,149  
that this and that is going to happen so

258  
00:13:45,329 --> 00:13:43,259  
there's not very much in the way of

259  
00:13:47,099 --> 00:13:45,339  
prediction and I usually try to let

260  
00:13:52,679 --> 00:13:47,109  
people know that up front that if that's

261  
00:13:56,729 --> 00:13:52,689  
what they want then this may not be you

262  
00:13:59,009 --> 00:13:56,739  
know the place to be you know there's

263  
00:14:06,169 --> 00:13:59,019

not one particular reading that really

264

00:14:09,530 --> 00:14:06,179

stands out from what I've done there are

265

00:14:13,859 --> 00:14:09,540

different themes that kind of stand out

266

00:14:17,639 --> 00:14:13,869

sometimes people have come in with

267

00:14:19,590 --> 00:14:17,649

relationship issues and very often a

268

00:14:21,869 --> 00:14:19,600

reading can give them the clarity they

269

00:14:26,579 --> 00:14:21,879

need to make their own decision about a

270

00:14:29,429 --> 00:14:26,589

relationship there was a couple who came

271

00:14:33,720 --> 00:14:29,439

in and they've just been dating for a

272

00:14:35,669 --> 00:14:33,730

few weeks and they came in for what's

273

00:14:37,710 --> 00:14:35,679

what's called crossing of pass reading

274

00:14:41,819 --> 00:14:37,720

between the two of them to see their

275

00:14:44,579 --> 00:14:41,829

past life connection and I didn't hear

276

00:14:46,439 --> 00:14:44,589

from them I think for maybe two years

277

00:14:48,900 --> 00:14:46,449

and I got a letter in the mail from her

278

00:14:50,669 --> 00:14:48,910

and she goes I don't know if you

279

00:14:54,059 --> 00:14:50,679

remember us we came in a couple years

280

00:14:56,729 --> 00:14:54,069

ago and had this crossing and you told

281

00:15:00,629 --> 00:14:56,739

us about this miserable life that we had

282

00:15:04,889 --> 00:15:00,639

in Germany and all these various issues

283

00:15:06,989 --> 00:15:04,899

that we had and she said in fact we went

284

00:15:12,700 --> 00:15:06,999

home and realized that those patterns

285

00:15:15,670 --> 00:15:12,710

were reading in our relationship now

286

00:15:19,390 --> 00:15:15,680

so she said we basically ended the

287

00:15:22,660 --> 00:15:19,400

relationship as it was and decided to

288

00:15:24,910 --> 00:15:22,670

start over again and then she goes on to

289

00:15:28,690 --> 00:15:24,920

say and I wanted to let you know that we

290

00:15:30,610 --> 00:15:28,700

got married this last summer and so I

291

00:15:34,120 --> 00:15:30,620

wrote her back and I said now how did

292

00:15:37,060 --> 00:15:34,130

you do that you know how was it that you

293

00:15:40,180 --> 00:15:37,070

were able to end those old patterns I

294

00:15:43,210 --> 00:15:40,190

never heard back from her but the point

295

00:15:46,360 --> 00:15:43,220

was they figured out they took that

296

00:15:48,910 --> 00:15:46,370

information and figured out a way to do

297

00:15:50,680 --> 00:15:48,920

that now bear in mind when she's writing

298

00:15:52,300 --> 00:15:50,690

me because I didn't remember I don't

299

00:15:54,850 --> 00:15:52,310

remember the readings after they're done

300

00:16:01,150 --> 00:15:54,860

and that's why when people give me

301  
00:16:02,650 --> 00:16:01,160  
feedback on it it is helpful but so I

302  
00:16:04,990 --> 00:16:02,660  
didn't remember it I'm reading those

303  
00:16:09,280 --> 00:16:05,000  
first lines about this you know terrible

304  
00:16:12,790 --> 00:16:09,290  
life in Germany and part of my task and

305  
00:16:15,880 --> 00:16:12,800  
doing the reading is to report it in the

306  
00:16:18,430 --> 00:16:15,890  
most objective way that I can but

307  
00:16:21,130 --> 00:16:18,440  
obviously some relationships are

308  
00:16:25,320 --> 00:16:21,140  
difficult some people are difficult and

309  
00:16:28,000 --> 00:16:25,330  
some bad things happen in past lives so

310  
00:16:29,560 --> 00:16:28,010  
so the purpose of the reading is to be

311  
00:16:32,020 --> 00:16:29,570  
able to help people see those things

312  
00:16:33,700 --> 00:16:32,030  
with honesty but from a place of love

313  
00:16:36,640 --> 00:16:33,710

from a place of compassion for

314

00:16:39,190 --> 00:16:36,650

themselves so that was very enjoyable

315

00:16:41,800 --> 00:16:39,200

and I've had at least two other couples

316

00:16:43,840 --> 00:16:41,810

who have invited me to their weddings as

317

00:16:46,990 --> 00:16:43,850

a result they felt that the readings

318

00:16:49,270 --> 00:16:47,000

were helpful in their working through

319

00:16:52,110 --> 00:16:49,280

you know and getting to a point of being

320

00:16:55,120 --> 00:16:52,120

ready to marry so that's really nice

321

00:16:58,420 --> 00:16:55,130

there have been other times where I

322

00:17:02,770 --> 00:16:58,430

remember there was a guy that had been

323

00:17:05,949 --> 00:17:02,780

working at maybe Boeing or someplace

324

00:17:09,160 --> 00:17:05,959

like that years later I run into his

325

00:17:10,930 --> 00:17:09,170

wife and she said you know you did this

326

00:17:14,199 --> 00:17:10,940

reading for my husband a few years ago

327

00:17:16,390 --> 00:17:14,209

and he wasn't too happy at his job and

328

00:17:20,230 --> 00:17:16,400

this particular past life indicated that

329

00:17:23,199 --> 00:17:20,240

he'd been a healer so he left his job

330

00:17:25,270 --> 00:17:23,209

he went to Chiropractic College and now

331

00:17:30,840 --> 00:17:25,280

he's been a chiropractor for several

332

00:17:37,980 --> 00:17:30,850

years so it can influence career

333

00:17:45,000 --> 00:17:42,040

in one instance there was a woman who it

334

00:17:47,650 --> 00:17:45,010

was her therapist actually who

335

00:17:52,210 --> 00:17:47,660

recognized that the health issues this

336

00:17:55,260 --> 00:17:52,220

woman was having were very deep and so

337

00:18:02,110 --> 00:17:55,270

along with the permission from her

338

00:18:03,580 --> 00:18:02,120

client I did a I think it was health

339

00:18:05,500 --> 00:18:03,590

reading because they also do health

340

00:18:08,350 --> 00:18:05,510

readings that don't necessarily involve

341

00:18:09,870 --> 00:18:08,360

past lives but are just a look kind of

342

00:18:15,730 --> 00:18:09,880

at the mental emotional and physical

343

00:18:18,580 --> 00:18:15,740

components of health and it did give a

344

00:18:22,510 --> 00:18:18,590

brief indication that there was a past

345

00:18:30,940 --> 00:18:22,520

life connection to this pain that she

346

00:18:33,820 --> 00:18:30,950

was having in her cheek and I sent the

347

00:18:36,820 --> 00:18:33,830

tape off to her because she was not here

348

00:18:38,950 --> 00:18:36,830

for the reading and again it was a

349

00:18:40,930 --> 00:18:38,960

couple years later when she came in and

350

00:18:43,260 --> 00:18:40,940

she wanted me to do a past life reading

351  
00:18:47,230 --> 00:18:43,270  
for her which went into more depth about

352  
00:18:49,870 --> 00:18:47,240  
the past life a Native American life and

353  
00:18:53,919 --> 00:18:49,880  
she had been shot in the cheek with an

354  
00:18:57,940 --> 00:18:53,929  
arrow and she was persisting in this

355  
00:18:59,620 --> 00:18:57,950  
horrible pain and then again I don't

356  
00:19:05,620 --> 00:18:59,630  
know how long it was I hadn't heard from

357  
00:19:07,450 --> 00:19:05,630  
her and she was back she called me and

358  
00:19:09,070 --> 00:19:07,460  
it was kind of late in the evening she

359  
00:19:11,770 --> 00:19:09,080  
was having this horrible horrible pain

360  
00:19:14,020 --> 00:19:11,780  
and she felt like it was coming to the

361  
00:19:16,960 --> 00:19:14,030  
surface that it was finally time to heal

362  
00:19:19,060 --> 00:19:16,970  
this and she came over we did some work

363  
00:19:21,040 --> 00:19:19,070

I mean it was it was difficult because

364

00:19:26,470 --> 00:19:21,050

she was just really sick to her stomach

365

00:19:27,970 --> 00:19:26,480

with pain and so I would say the

366

00:19:31,869 --> 00:19:27,980

progress that we made that evening was

367

00:19:34,959 --> 00:19:31,879

very slow but she called me the next day

368

00:19:38,349 --> 00:19:34,969

and said something had continued to

369

00:19:40,569 --> 00:19:38,359

unravel and the pieces were coming

370

00:19:42,939 --> 00:19:40,579

together the piece of past life in

371

00:19:45,309 --> 00:19:42,949

Native American life and something she

372

00:19:47,529 --> 00:19:45,319

had done which kind of brought shame

373

00:19:51,930 --> 00:19:47,539

upon her husband and the tribe and that

374

00:19:55,689 --> 00:19:51,940

sort of thing and with that awareness

375

00:19:59,769 --> 00:19:55,699

this pain began to unravel

376

00:20:02,229 --> 00:19:59,779

and continue to stay away so bear in

377

00:20:05,829 --> 00:20:02,239

mind I think it had been a good five

378

00:20:09,369 --> 00:20:05,839

years that she had been dealing with it

379

00:20:11,799 --> 00:20:09,379

and it's kind of the nice thing about

380

00:20:16,379 --> 00:20:11,809

doing this work as long as I have been

381

00:20:19,659 --> 00:20:16,389

doing it now is you sometimes realize

382

00:20:23,199 --> 00:20:19,669

things can take longer then you want

383

00:20:26,589 --> 00:20:23,209

them to take healing can take longer and

384

00:20:28,180 --> 00:20:26,599

over time sometimes we can step back

385

00:20:31,329 --> 00:20:28,190

further and further from our life

386

00:20:33,489 --> 00:20:31,339

situations and see how those pieces fit

387

00:20:33,669 --> 00:20:33,499

together in a way that we just can't see

388

00:20:40,509 --> 00:20:33,679

it

389

00:20:42,239 --> 00:20:40,519

you know until some time passes there

390

00:20:46,899 --> 00:20:42,249

was and there have been other

391

00:20:49,689 --> 00:20:46,909

experiences and this is with regression

392

00:20:54,039 --> 00:20:49,699

where people have really gotten some

393

00:20:56,079 --> 00:20:54,049

insights from health things one that I

394

00:20:59,019 --> 00:20:56,089

recall was a woman who came in because

395

00:21:03,369 --> 00:20:59,029

she had horrible headaches and stomach

396

00:21:08,199 --> 00:21:03,379

pain and in her regression she went back

397

00:21:14,319 --> 00:21:08,209

to a life where she could see herself in

398

00:21:18,329 --> 00:21:14,329

a barn with cows her husband she had a

399

00:21:20,669 --> 00:21:18,339

pail for the milk for the dairy cows and

400

00:21:24,999 --> 00:21:20,679

the next thing she knows there's

401  
00:21:29,919 --> 00:21:25,009  
somebody else who's come in to the barn

402  
00:21:32,019 --> 00:21:29,929  
with a gun and shoots her and the bullet

403  
00:21:36,759 --> 00:21:32,029  
entered right in the spot in her stomach

404  
00:21:39,539 --> 00:21:36,769  
where she'd been having the pain and in

405  
00:21:45,250 --> 00:21:39,549  
the course of you know completing that

406  
00:21:48,850 --> 00:21:45,260  
regression the stomach pain went away

407  
00:21:51,310 --> 00:21:48,860  
when I contact her I think we were in

408  
00:21:53,980 --> 00:21:51,320  
contact maybe a few weeks later and she

409  
00:21:56,200 --> 00:21:53,990  
said this stomach pain had not returned

410  
00:21:58,870 --> 00:21:56,210  
at all and the headaches which she

411  
00:22:03,300 --> 00:21:58,880  
realized the headache part had been tied

412  
00:22:07,690 --> 00:22:03,310  
to the anger and the rage that she had

413  
00:22:11,710 --> 00:22:07,700

at-at dying in that inglorious way and

414

00:22:13,990 --> 00:22:11,720

the headaches were about 90% gone so

415

00:22:18,100 --> 00:22:14,000

they were in the process of diminishing

416

00:22:21,340 --> 00:22:18,110

at that point and also during that time

417

00:22:25,450 --> 00:22:21,350

she realized that this guy who had shot

418

00:22:27,730 --> 00:22:25,460

her was a past boyfriend who had come

419

00:22:30,010 --> 00:22:27,740

into her life and was making amends in

420

00:22:31,750 --> 00:22:30,020

this life and that's when you really see

421

00:22:36,390 --> 00:22:31,760

how beautiful that healing process can

422

00:22:41,200 --> 00:22:36,400

be when people can arrive at a point of

423

00:22:42,880 --> 00:22:41,210

being able to make peace and especially

424

00:22:45,820 --> 00:22:42,890

when both people can do it I mean

425

00:22:50,640 --> 00:22:45,830

sometimes it's up to that one individual

426

00:22:52,960 --> 00:22:50,650

to make peace and to realize the

427

00:22:54,250 --> 00:22:52,970

strength they've gained or the lessons

428

00:22:57,280 --> 00:22:54,260

they've learned or the compassion

429

00:22:59,320 --> 00:22:57,290

they've developed or whatever it is but

430

00:23:03,420 --> 00:22:59,330

when both people can participate in it

431

00:23:05,860 --> 00:23:03,430

that's really great I really hope to be

432

00:23:09,160 --> 00:23:05,870

continuing doing this work as long as I

433

00:23:12,190 --> 00:23:09,170

can because it is my purpose and my

434

00:23:15,940 --> 00:23:12,200

passion I feel it's what I've come here

435

00:23:17,800 --> 00:23:15,950

to do and I really enjoy it enriches my

436

00:23:21,570 --> 00:23:17,810

life so greatly to come into contact

437

00:23:24,250 --> 00:23:21,580

with people in this way if I was with

438

00:23:28,410 --> 00:23:24,260

readings and regressions but also the

439

00:23:33,190 --> 00:23:28,420

classes that I do are just wonderfully

440

00:23:35,230 --> 00:23:33,200

interactive and when it comes to

441

00:23:38,740 --> 00:23:35,240

readings also I've learned to pace

442

00:23:43,900 --> 00:23:38,750

myself because I knew one of the things

443

00:23:46,330 --> 00:23:43,910

about Edgar Cayce was that he kind of

444

00:23:51,070 --> 00:23:46,340

exhausted himself doing readings any a

445

00:23:54,890 --> 00:23:51,080

lot of people wanting readings from him

446

00:23:58,370 --> 00:23:54,900

and so I don't advertise

447

00:24:01,490 --> 00:23:58,380

that much I really rely on word of mouth

448

00:24:03,440 --> 00:24:01,500

a lot and I've done readings for people

449

00:24:06,710 --> 00:24:03,450

in all 50 states and several foreign

450

00:24:10,910 --> 00:24:06,720

countries and so with that that kind of

451  
00:24:12,800 --> 00:24:10,920  
pacing I hope I can continue to just do

452  
00:24:16,130 --> 00:24:12,810  
this work and hopefully continue to

453  
00:24:18,950 --> 00:24:16,140  
improve in whatever ways that that might

454  
00:24:21,800 --> 00:24:18,960  
be one of the things I think that's

455  
00:24:25,550 --> 00:24:21,810  
important to think of in terms of

456  
00:24:28,010 --> 00:24:25,560  
reincarnation and past life work is that

457  
00:24:34,400 --> 00:24:28,020  
bigger picture that this life is just

458  
00:24:36,500 --> 00:24:34,410  
one experiment and it is only one so we

459  
00:24:38,870 --> 00:24:36,510  
may have limitations in what we can do

460  
00:24:41,420 --> 00:24:38,880  
in this life but it's better to focus on

461  
00:24:44,330 --> 00:24:41,430  
the things that we can do cultivating

462  
00:24:46,970 --> 00:24:44,340  
our own personal strengths and skills

463  
00:24:49,190 --> 00:24:46,980

and tasks and focusing less on what we

464

00:24:51,380 --> 00:24:49,200

can't do or what we're not doing or what

465

00:24:54,620 --> 00:24:51,390

everybody else is doing and that

466

00:24:56,900 --> 00:24:54,630

realization that there's a continuity to

467

00:25:00,110 --> 00:24:56,910

our individuality that spark of divinity

468

00:25:03,290 --> 00:25:00,120

that is our soul and that carries

469

00:25:06,800 --> 00:25:03,300

through from lifetime to lifetime and we

470

00:25:09,410 --> 00:25:06,810

can call upon the strengths of our past

471

00:25:12,050 --> 00:25:09,420

lives and sometimes when people have had

472

00:25:16,040 --> 00:25:12,060

a glimpse of a past life whether from a

473

00:25:17,900 --> 00:25:16,050

reading I do a regression they do or any

474

00:25:19,310 --> 00:25:17,910

kind of glimpse they've they've had in a

475

00:25:22,220 --> 00:25:19,320

dream or something like that if it's a

476

00:25:25,400 --> 00:25:22,230

positive glimpse I encourage them to sit

477

00:25:28,460 --> 00:25:25,410

with it because energetically they'll

478

00:25:32,030 --> 00:25:28,470

feel it in their body they can call upon

479

00:25:33,620 --> 00:25:32,040

it they can amplify the strength or the

480

00:25:36,550 --> 00:25:33,630

peace of mind or whatever it is that

481

00:25:40,070 --> 00:25:36,560

they're feeling and at the same time to

482

00:25:41,510 --> 00:25:40,080

be kind and compassionate with the

483

00:25:43,760 --> 00:25:41,520

wounded parts of self and the

484

00:25:47,810 --> 00:25:43,770

limitations because those are the pieces

485

00:25:52,610 --> 00:25:47,820

that we've come here to work on too so

486

00:25:57,110 --> 00:25:52,620

to me our purpose takes on a couple

487

00:25:59,450 --> 00:25:57,120

different dimensions at one level it's

488

00:26:02,820 --> 00:25:59,460

healing psychic wounds or old soul

489

00:26:08,220 --> 00:26:02,830

wounds from the past misunderstandings

490

00:26:11,070 --> 00:26:08,230

hurts anger guilt stuff that stuff that

491

00:26:14,639 --> 00:26:11,080

we carry and the other part of the

492

00:26:17,340 --> 00:26:14,649

purpose is to use our gifts and then the

493

00:26:20,029 --> 00:26:17,350

biggest purpose is that soul reawakening

494

00:26:23,789 --> 00:26:20,039

to our divine nature and divine oneness

495

00:26:28,919 --> 00:26:23,799

and I think that kind of summarizes that

496

00:26:32,759 --> 00:26:28,929

big picture of what I see in the study

497

00:26:35,909 --> 00:26:32,769

and exploration of past lives so if

498

00:26:40,080 --> 00:26:35,919

people want more information then go to

499

00:26:41,850 --> 00:26:40,090

path fine news.com and that gives a full

500

00:26:44,310 --> 00:26:41,860

listing of the different types of

501

00:26:47,100 --> 00:26:44,320

readings that I do a description of past

502

00:26:49,230 --> 00:26:47,110

life regression as well as a listing of